From: LIFE News [lifenews@life-university.ccsend.com] on behalf of LIFE News [lifenews@life.edu]
Sent: Thursday, February 09, 2012 10:17 AM
To: Craig Dekshenieks
Subject: LIFE News, February 9, 2012



# LIFE News

Issue No. 194

HEADLINES

# LIFE Rugby's Paul Emerick signs to London Wasps



LIFE rugby player and coach Paul Emerick has been signed to the London Wasps, one of 12 English rugby unions making up the elite Aviva Premiership - the highest league of play in the English rugby system.

Emerick, who is earning his Master's degree in Sport Health Science at Life University, has played rugby internationally since achieving All-American status at Northern Iowa University in 2003. He came to Life University from Ulster, the Irish professional union team, after playing in both the Italian and Celtic leagues. Most recently, he represented the U.S. in the 2011 Rugby World Cup. He flew to London on Sunday, February 5, on a short-term contract to finish the remainder of the 2012 season with the Wasps. A longer-term contract is still up for negotiation.

Says Emerick of the signing, which was made official on Thursday, February 2, "I'm very excited and happy with the offer. It has definitely been a goal for me to play in that league [Aviva Premiership], as it's one of the best - if not the best - competitions in Europe."

The 32-year-old center/wing had been playing on LIFE's Rugby Super League team and serving as back coach for the LIFE College Premiere Division Team. Emerick's involvement with the LIFE Rugby program has played a significant role in furthering his career.

"Our entire program is excited to watch him take on this tremendous opportunity," says LIFE Rugby Director Dan Payne. "When one of our players is able to compete on the international or professional stage, it's a victory for the entire program and a credit to the training environment at LIFE. Paul contributes to that environment immensely. Obviously, the value and energy he brings to our program will be hard to replace."

In October 2011, Emerick tore his medial collateral ligament (MCL) and was fully rehabilitated on campus at Life University's Sport Science Institute (LUSSI). "I feel good and healthy," Emerick says, "It's a credit to my rehab at LIFE. Working in this professional environment gave me the confidence to play at that level for the Wasps."

# LIFE's Building Safety Representatives complete Winter Quarter Training



safe - get to know your BSRs today!

**National Black History Month** 

Recently, the Emergency Action Planning Task Force held Winter Quarter Training for the Building Safety R epresentative (BSR) program. The BSRs are stepping up to represent their LIFE buildings and share the University's responsibility for directing community members and helping to promote safety during emergency responses and drills on campus. You'll be able to spot them in the event of an emergency response or drill by the bright neon vests they will wear.

BSRs are in-VESTed in keeping the LIFE community

# ...your LIFE on campus

February 9, 2012

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# Profile: Dr. Ralph Johnson Bunche (1904-1971)

Dr. Ralph Johnson Bunche was an American political scientist, diplomat and active leader who contributed heavily in the Civil Rights Movements in the United States. Bunche also played an instrumental role in the formation and administration of the United Nations, and served as the assistant to the United Nations Special Committee on Palestine, and thereafter as the Principal Secretary of the U.N. Palestine Commission. He is most noted for his contribution toward establishing a peace agreement between Israel and the Arab states in 1949, when the Armistice agreements were signed. Bunche also had an important role in the creation and adoption of the U.N. Declaration of Human Rights. In 1950, Bunche was awarded the Nobel Peace Prize for his mediation in Palestine. President Kennedy also awarded him the Medal of Freedom in 1963.

<u>Click here to read more</u> about Dr. Ralph Bunche's early life, education and other contributions.

In honor of National Black History Month, LIFE News shares weekly profiles on influential and inspirational black men and women throughout the month of February. Profiles are sponsored by the LIFE Diversity Committee, and compiled by Diversity Committee member and LIFE Reference Librarian/ Assistant Director Geetha Sridaran.

## Sources:

http://www.thefamouspeople.com/profiles/ralph-bunche-61.php

http://www.nobelprize.org/nobel\_prizes/peace/laureates/1950/bunche-bio.html

## Events

## FEATURED EVENT

Cafe Campesino Coffee Tasting Friday, Feb. 10, 10 a.m.-12 p.m. Socrates Cafe

Everyone on campus is invited to sample different roasts from <u>Cafe Campesino</u>, a local coffee supplier and cafe sourcing organic and Fair Trade certified coffees, on Friday, February 10 from 10 a.m. - 12 p.m. in Socrates Cafe.

Stop in for a taste or two and share your opinions about which coffee blends you'd like to see made available to the LIFE community!

## LIFE Basketball Home Games, TODAY Feb. 9 & Feb. 14

The Running Eagles take on Talladega College at 7:30 p.m. TONIGHT! Enjoy concessions, half-time entertainment and more - all FREE with your LIFE ID.

No plans for Valentine's Day? Take your sweetie to see your Running Eagles in action vs. St. Catherine College at 7:30 p.m. on Feb. 14. LIFE is sure to have some Valentine's surprises in store - watch for more info from the LIFE Athletics Department.





Study Hall Hours Standardized Testing Dates

> "A kiss is a lovely trick designed by nature to stop speech when words become superfluous."

~ Ingrid Bergman

## Student Links

Order business cards here

Wellness Center

I.T. Requests

License Plate

Marketing Requests

Master Calendar

Scholarships

## **Employee Links**

Employee Web Page Order Business Cards Employment I.T. Requests Life University License Marketing Requests

Master Calendar

# :) hAVe You LAuGHed ToDaY? (:

# What Your Email Address Says About You

Here's what your email address says about your computer skills:

Own domain (e.g., @joesmith.com): You're skilled and capable.

@gmail.com: When the Internet stops working, you actually try rebooting the router before calling a family member for help.

# Valentine's Day Grams from ADU, through Feb. 14

Surprise your sweet with a treat! Budget-friendly Valentine's Day Candy Gram Packages will be available from Feb. 1 through Feb. 14. Choose from three packages at \$1, \$3 and \$5 each. Candy Grams can be purchased in the lobbies of CUS and CCE from 11 a.m. to 1 p.m., or by emailing ADU members at <u>ms\_candi01@yahoo.com</u>.

Click here to view Valentine's Day Packages.

## Midwifery Options in GA Meet & Greet and Panel Discussion, Feb. 19

On Sunday, February 19, join the Georgia Birth Network and Atlanta-area midwives to learn more about your options for midwifery care in the state of Georgia.

A Meet & Greet will begin at 1 p.m. and a Panel Discussion will be held at 2 p.m., both in the Center for Undergraduate Studies (CUS), room 112.

The session is FREE and open to the public. For more information, please visit <u>GABirthNetwork.com</u>.

## Wellness & Life Balance Workshops, Next Session Feb. 22

This Winter, Life University's Wellness Coach, Melody Mayo, is presenting some great workshops on various wellness and life balance topics. Each workshop is 30 minutes long and is open to any LIFE student, employee, patient or community member.

WHERE - Center for Health and Optimum Performance - Community Education Room

WHEN - These Wednesdays at 11 a.m.:

February 22, Topic: "Creating Healthy Boundaries"

March 7, Topic: "Communication Skills"

For more information about the classes, or to sign up for a complimentary consultation with Melody, please contact her at 770-426-2622 or <u>Melody.Mayo@LIFE.edu</u>.

# Join us for Lunch! LIFE News Student Focus Groups, Feb. 22 & 23

Tell us what you think of LIFE News! Join us for lunch & conversation.

The Life University Marketing & Communications department is redesigning the LIFE News campus e-newsletter - and we want to know what YOU want to see in your inbox each week!

If you are a current LIFE student, you're invited to join us for a complimentary lunch in the President's Dining Room, and a chance to share your insights and ideas during one of two Student Focus Group sessions. Sessions will be held Wednesday, February 22 and Thursday, February 23 beginning at 11 a.m. Students will be assigned to individual sessions.

If you would like to participate in the Student Focus Groups, please email the following information to Molly Dickinson, communications coordinator, at <u>Molly.Dickinson@LIFE.edu</u>, no later than Friday, February 17:

Name: Preferred email address: Program: Quarter: Age:

This information is confidential and will not be shared or used for any purpose outside the Student Focus Group sessions. Space in each session is limited, so please register early. You will be notified by Monday, Feb. 20, if there is space available for you to attend.

We look forward to hearing from you!

## Announcements

# HEARD AROUND CAMPUS

## Chiro Index Survey - Share your opinion!

The Index to Chiropractic Literature's (ICL's) Index Committee has created a short survey to gather data from its users. Over the next month, they will try to discover who uses ICL and what they think of the database and website. ICL is hoping to receive comments and suggestions that will allow them to continue to improve their product.

If you are an ICL user, please take a few moments to answer the ten questions. ICL is particularly interested in what Life University students have to say, because they are by far ICL's heaviest users. In addition, two of LIFE's Library staff members serve as indexers for ICL.

Click here to take the survey, or access the survey via the ICL website at www.ChiroIndex.org.

@hotmail.com: You still think that Myspace is hip.

@yahoo.com: You send email chain letters saying that Bill Gates will eat your hard drive unless you forward this message to everyone you know.

@aol.com: You phone friends to tell them about a neat website, then say into the receiver, "OK, go to ... h ... t ... t ... p ... colon ... slash ... w ... w ... w ... dot ..."

courtesy of rd.com/laughs

## Faculty & Staff Resources

Monthly Drug-Free Employee Newsletter

English Versior

Spanish Version

Center for Excellence in Teaching & Learning (CETL)

## Library Links

#### Drs. Sid E. & Nell K. Williams Library

Library Resources



Connect with LIFE Online!





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## Notice of Socrates Cafe Closing for Private Event TOMORROW Feb. 10

The Socrates Café servery, dining room and lounge seating area will be closed Friday, February 10, 2012, from 2:30 p.m. until 9:30 p.m. for a private dinner for the Markson Connection.

Plato II Go will be open until 5:00 p.m.

Thank you for your patience and cooperation!

# Larry Webster, D.C. Memorial Scholarship Now Available from ChiroFutures

ChiroFutures Malpractice Group has established an annual scholarship in collaboration with the International Chiropractic Pediatric Association (ICPA) in the amount of \$2,500 to be awarded to a chiropractic student enrolled at Life University.

The minimum criteria for eligibility is as follows:

- Applicants must have a cumulative G.P.A of 3.0 or higher Applicants must be ICPA members in good standing
- Applicants can be in 1st through 14th Quarter
- Applicants must provide a CV
- Applicants must submit a Project Proposal

- Applicants must engage in research and/or scholarship related to chiropractic and pregnancy, maternal or child health. The research or scholarship can be a new project proposed by the student as the principle investigator or an existing project that they are involved in as a co-investigator. They may also qualify if they are serving in other capacities on a project. The project can be any type of research study or scholarship related to the topics.

This is an annual award of \$2,500 with guarterly disbursements.

If a student applies but is not awarded a scholarship in one year, it does not preclude them from applying another year as long as they meet the criteria and submit a new application. In addition, scholarship winners may apply again in subsequent years if they meet the criteria. If an applicant receives other scholarships and/or financial aid, it does not affect their eligibility for the Webster Scholarship.

The Scholarship Review Committee, in its sole discretion, reserves the right to determine to whom a Scholarship will be awarded.

There is no fee to apply.

Applications and supporting documents must be sent in one envelope and postmarked no later than July 31st. Applications postmarked after that date will not be accepted. Applicants will be notified that their materials have been received (within 30 days following receipt). Winners will be notified upon final determination.

Click here for more information on Larry Webster, D.C., ChiroFutures and the ICPA.

Click here for the Larry Webster Memorial Scholarship Application.

## LIFE RAs Sponsor Wish List for Our Troop Collections

Resident Assistants (RAs) at the LIFE Village Retreat are collecting items to send to our troops serving overseas this quarter. One or more packages will be sent each month.

If you have a loved one serving overseas, please let the RAs know! One package will be going to Marines serving in Afghanistan, and RAs are looking for destinations for the other packages.

If you have any questions, please call the RA phone at 678-756-0265.

Boxes to collect items and collection jars to help cover shipping charges are located in the LIFE Village Retreat leasing office, in the Wellness Center and in Enrollment.

Please click here for a list of recommended items.

This Community Service Project is sponsored by the Life Village Retreat Resident Assistants

## Join the Better Half of LIFE Club

ATTENTION: LIFE Students with significant others at home!

Please tell your loved one about The Better Half of LIFE Club. We provide support and friendship to each other, the significant others of LIFE students.

Please join us in the Treehouse on every other Thursday evening from 6-7 p.m. We meet on Weeks 1,3, 5, 7, 9 and 11. We discuss and share recipes, we get involved with community fundraisers and events, we go on scavenger hunts, have potlucks, and much more. Our families are included in many events as well.



# "Tops and Bottoms"

Q: You step on the bottoms, but others must step on the tops.

What am I talking about?

Answer to Last Week's Riddle:

"Keys without Locks"

Q: I am a box that holds keys without locks.

What am I?

A: A piano - or, as Mark Crowell submitted, a legend!

Congratulations to:

Palmer Amos Natalie Boyland Mark Crowell Jerome Rundall & Jacob Shores!

Email your guesses for this week's riddle (please put "Riddle" in the subject line) to LIFENews@LIFE.edu



**SUPPORT YOUR Running Eagles!** 

# LIFE Running Eagles **Basketball**

Get in the Zone! 2011-2012 Season Home games in bold - don't miss 'em!

2/9 7:30p vs TALLADEGA COLLEGE 2/14 7:30p vs ST. CATHARINE 2/16 8p @ Voorhees College, SC 2/21 7:30p CST @ Concordia Coll., AL 2/27 7:30p vs COASTAL GEORGIA

# **College of Chiropractic Practice Area Available**

Have you and your colleagues been looking for a place to practice your clinical skills (orthopedics, neurodiagnosis, physical exam, case history) and technique set-ups?

Well, look no further! The College of Chiropractic has created a practice area for students to utilize to practice their skills in a supervised environment.

The practice area is located in Mod 7 and will be available for use starting Weeks 3 (January 24) through 10 (March 15) on Tuesday, Wednesday, and Thursday afternoons from 11 a.m.-12:50 p.m.

The area will be closed Week 4, Tuesday and Wednesday (January 31 and February 1) due to OSCE.

No more pushing cushions together in Socrates! No more lying on the benches in CCE building! No more lying on the concrete seats in the Celebration Plaza or Lyceum Park!

Come by and bring a colleague or a group of colleagues to take advantage of practicing your skills in a chiropracticfriendly environment.

If you have any questions or would like further information in reference to the practice area, contact Dr. Leslie King, Dean of Instruction, at <u>LeslieK@LIFE.edu</u> or by phone, 770-426-2757.

# **Changes with Socrates Cafe**

Administrative Services has assumed responsibility for the operation of both dining and catering in Socrates Cafe and Plato II Go. This is an opportunity to review programs and processes, focusing on providing quality product, experience and service. Although there are challenges, both Dr. Tim Gross, Vice President of Administrative Services, and Michael Aquaro, District Manager of Bon Appétit, are optimistic and encouraged about moving forward in this partnership that holds a common bond: sustainability and a vitalistic viewpoint.

Please share your ideas, comments, requests and, yes, issues, about the Cafe and catering so they can be used in the review of systems. Send your thoughts to <u>Cafe@LIFE.edu</u>. If you have any other questions, please contact <u>Cynthia.Lund@ILIFE.edu</u>.

# **Research Participants Needed!**

The study will measure the effects of a chiropractic technique on anxiety in college students over a three-week period.

Participants must:

- Be a Life University student
- Be 18-25 years old

- Have never been adjusted using Network Spinal Analysis

Please fill out a Request Form for more information in the Student Success Center in the CCE Building to begin.

Questions? Contact Michael Schmidt: MSchmidt1832@Student.LIFE.edu, (516)428-8253

# **Open Auditions for National Anthem Singers**

Auditions are open for students interested in performing the National Anthem at Athletic events.

Email <u>Jennifer.Bennett@LIFE.edu</u> for more information or call (770) 426-2616.

# Winter 2012 Nutrition Seminar Topics

Week 7 Monday, February 20, 2012 @11:00 a.m.

CUS, Rm. 102

Alaina Garrett:"Sarcopenia"Katie Hooper:"Type 1 Diabetes"Colleen McCarthy:"Celiac Disease (Signs, Symptoms, Treatment)"

Week 9 Monday, March 5, 2012 @ 11:00 a.m. CUS, Rm. 102

 Beverley Mooney:
 "The Benefits of Coconut Oil"

 Samaye Oluwatoyin:
 "The Effect of Mercury in Children"

 Shaneeta Dickens:
 "The Brewer Diet in Pregnancy Emphasized by Homebirth Midwives"

Week 10 Monday, March 12, 2012 @ 11:00 a.m. CUS, Rm. 102

Melyana Melyana:	"Role of Fruits and Vegetables in Reducing the Risk of Cancer
Mary Rob Murfee:	"Child Hunger Programs in School"
Crystal Pass:	"Bariatric Surgery as a Cure for Type 2 Diabetes"

# LIFE Running Eagles Rugby Super League (RSL) & College Premier Division (Varsity, CPD, & Jr. Varsity, JV)

# 2011-2012 Season

2/18 TBD RSL vs. Atlanta Renegades, Atlanta 2/18 TBD UG vs University of Oklahoma, OK

www.LifeRunningEagles.com

## Turn your troubles into triumphs with the Life Coaching interns

Being a student can be tough. When you've got work or family commitments to juggle too, it can be a blessing to have reliable outside support. By partnering with the Life Coach interns here at Life University, you'll discover how to change something that stresses you into something that no longer gets you down.

Life coaches help people get results. At LIFE, our interns are well-trained, passionate, caring, and ready to cheer you on. <u>Meet some of them right now!</u>

In fact, some of the top U.S. universities are starting to make life coaching available to their students. Life university is ahead of the curve by already offering you this cutting-edge support.

Are you ready to see results in your life? Come and try out Life Coaching for yourself.

Just bring an open mind and \$1 as payment (which the club will donate to charity) to receive a 30-minute life coaching session. You can find us:

Tuesdays - 5:30 p.m. - 6:30 p.m. in room CUS 111

## Attn: Faculty & Staff - Mandatory Disability Services Training, DUE MARCH 5

A Mandatory Disability Services Online Training for all faculty and staff will take place through March 5, 2012.

Please click here to access and complete the training.

When prompted, fill in our College ID, which is: lifeds (Do NOT enter a User ID)

After your training is complete, click on the certificate link, enter your name and department, and either print and scan or email the certificate to your direct supervisor, who will forward it to Sonja Smith in the Student Success Center to record your completion of the training.

Mandatory On-Line Disability Services Training has been created by the Pennsylvania State University at Altoona. A program called "In Their Shoes" utilizes a hands-on, interactive format so you may catch a glimpse of what it's really like to have functional limitations that substantially alter a major life activity, such as learning, seeing, hearing or social function.

"In Their Shoes" is a mandatory training exercise for ALL Faculty & Staff at Life University. There will be a PRE/POST test with this training and a Certificate of Completion must be delivered to Student Success Center by no later than Monday, March 5, 2012 by 3 p.m.

## **Study Hall Hours**

(all times are p.m., unless otherwise specified)

Tuesday	11 a.m12:30 3-9	111B 119B
Wednesday	11 a.m1 3-5 7-9	140B 131B 136B
Thursday	9-11a.m. 11 a.m12:30 1-5 3-5 5-9	136B 111B 140B 129B 136B
Friday	9-1 2-5 3-9	131B 108C 129B
Saturday	4-9 4-9 4-9	129B 131B 136B
Sunday	12-9 12-9 12-9	129B 131B 136B

## Standardized Testing Dates & Locations

 

 Saturday, February 11
 LSAT - CUS Building Castle Worldwide Certification Testing - CUS Building ACT - CCE Building

 Saturday, March 10
 SAT - CUS Building Castle Worldwide Certification Testing - CUS Building PRAXIS - CCE Building

 Saturday, March 17

## **YOUR Event or Announcement HERE!**

Do you want your next on-campus happening, achievement or community service project to appear in LIFE News?

Simply e-mail the announcement as well as any appropriate images, to LIFENews@LIFE.edu

Student organization announcements and events must be approved through Student Services before being submitted to LIFE News. Please contact Jennifer Valtos; <u>JValtos@LIFE.edu</u>, director of student involvement and leadership, for approval.

We must receive your information no later than 5 p.m. on the Tuesday before your event in order to insure proper placement in the next issue

Ongoing



Every Week at the Tree House:

The Tree House has lots of quiet corners for studying. Come see for yourself! You can also stop by and enjoy movies, use the pool table, relax, play games on the Wii and much more.

If you want another place to study other then the Tree House or Library, come check out the Café. Relax and read on the couches or hit the books at one of at the tables. Monitors will be wearing red and are available during operation hours to help you, if you need something.

Hours of operation for the Tree House: Monday thru Friday 5:00 p.m. to 10:00 p.m. Saturday and Sunday 12:00 p.m. to 12:00 a.m.

Hours of operation for the Café: Monday thru Friday 7:00 p.m. to 12:00 p.m. Saturday and Sunday 12:00 p.m. to 12:00 a.m.

Life University's Annual Crime Statistic Report

Printable Parking Map

Instructions for locating Campus Events Calendar

Instructions for Everything LIFE Course on BlackBoard - UPDATED!



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